

Seeding the Future...



Are you concerned about the future for the kids in your life? I know I am. Following the news can leave you pretty depressed with the constant reports of childhood obesity, shorter life spans, civil apathy, and global warming. The truth is that there is so much great work happening on the ground that doesn't get reported. In fact, there are many reasons for you to see a bright and beautiful future.

At Everdale we have seen firsthand that the key to building a better future relies on a fostering a new generation of engaged citizens that support local farmers and eat safe, ecologically produced food. I can imagine you're thinking, "That's easier said than done".

So how do you start creating a better future?

You start simply. You give a kid the chance to close their textbook, put on some rubber boots and get dirty. You let them harvest a carrot, collect an egg from the coop, and run their hands through the wool on a sheep's back.

You make it possible for a young person to witness the magic of seeds, meet their farmers, and connect the food they eat with the health of their bodies and environment.

The results are inspiring.

We recently received a beautiful and moving letter from a student named Sarah Keating (I've enclosed it for you to read). **Sarah's visit to Everdale changed the course of her life**, and has made her excited to learn more about how she can make the world a better place.

Carl Keast is another example of how important and inspiring early exposure to local food can be. Carl grew up in Toronto, and first came to Everdale in his early teens. He was so captivated with the environmental farming he witnessed at Everdale that he kept on returning. Eventually he mustered

Yes, I want to make a donation to Everdale!

\$500 \$200 \$100 \$50 \$25 Other _____

Cheque: Make payable to Everdale ELC.

Credit: Please see reverse side.

You can donate monthly too! See reverse side.

Everdale does not sell, rent, or share our mailing list. Sometimes we want to share news with you by mail or email. If you do not want to receive these updates, please call 519.855.4849, ext. 102
Receipts will be issued for donation of \$20 or more. Our charitable registration number is 861517126RR0001.

Donate online at www.everdale.org



up the courage to ask Gavin (one of our founders) if he could help out on the farm and he hasn't looked back since. In 2011, Carl became a full time farmer at Everdale and is now helping to train a new crop of farmers! We are so proud of "Farmer Carl".

We meet young people like this all the time at Everdale. We see so much joy, passion, and hope in their eyes. It is what drives our work and keeps us all inspired. **These stories are proof that your investment in Everdale makes a real, tangible difference in people's lives.**

Last year Gavin wrote to you about taking our farmer training programs across the province. I'm excited to report that because of your help that work has begun! Thank you for making it possible. Thank you for sharing our vision. Most of all, thank you for making the dream of aspiring farmers come true. Over the next year, dozens more farmers will be working the land, feeding their local communities, and helping children grow up healthy and strong because of you.

This year, I'm asking you to help hundreds of kids connect to their food, environment, and farmers. Our Farm School programs work and we have award-winning staff to deliver them. We need to expand these programs to allow more kids the chance to learn and grow hope. We need your help. **Your donation to Everdale can shape the direction of a child's life. Can you do anything else today as meaningful and beautiful as that?**

Together we can grow a new generation of farmers, ethical consumers, local food champions, and environmentalists. **It's as simple as a seed. Plant it, nurture it, and wonderful things will grow. It's as simple as a donation from you.**

In kindness & carrots,



Karen Campbell
Youth Director

P.S. Imagine if someone introduced you to the joy and promise of healthy, local food when you were a kid? This is your chance to give that gift. Please make your donation today.

Thank You!



519.855.4859
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NOB 1Z0

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\$100 \$50 \$25 Other _____

*Currently we are only able to process monthly donations by credit card. See below.

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Please send me information about leaving a legacy to the children in my life by including Everdale in my will.

Donate online at www.everdale.org



Everdale Reflection

Sarah Keating

I can only describe the field trip to Everdale as the most amazing experience of my entire life. The entire time I was thinking to myself why I didn't know about this sooner. Not only this, but I was thinking to myself that for the first time in my life, everything these people believed in, thought of, and did was exactly how I felt. You know when you're feeling some kind of emotion, then you listen to a song and the person singing describes exactly how you're feeling. This was pretty much exactly how I felt when I was at Everdale. I felt very comfortable there and felt like that's what how I want to feel for the rest of my life. The trip to Everdale got me inspired to think beyond my wildest dreams and push myself to think of an even bigger dream. I've decided to go into environmental studies into university. It makes total sense to me because that's what I'm interested and there are still a lot of job opportunities in this area. I was never excited to go into university, however now I'm totally excited to start on something I'm super passionate about! I'm so very thankful that we went to Everdale farm as it not only made me realize that my dreams weren't too crazy, but that I can definitely accomplish them.